



*Believing That Change is Possible*

Jon Grossman began in 1984, and Grossman & Grossman, Ltd. has grown to over 50 therapists who provide services for complex trauma throughout the state of Arizona for clients from age 1 through 101+.

Grossman & Grossman supports Social Equality, Justice, and Respect for Racial, Cultural, Religious, and Gender Diversity. Se habla español.



Phone: (602)468-2077  
Fax: (480)609-9552  
PO Box 14948 Scottsdale, AZ 85267



## Locations

Primary services are currently offered through telehealth. Limited in person services are available.

### Phoenix

1300 N 12th Street Suite 550

### Gilbert

3420 S Mercy Dr. Suite 109

### Casa Grande

125 N Florence St

### Tucson

1707 W Saint Mary's Road  
Suite 245

We are contracted with all ACC, LTC and DDD plans with AHCCCS.

Additional services are provided with Gila River Behavioral Health, Victim Compensation, Family Advocacy Center and the Department of Child Services.



## Our Services

Our interventions are strength-based, solution focused, and build upon the client's capacities and resiliency. We consider the unique needs of each client and work closely as a team with the client, family, and community to achieve results.

- Concurrent Monthly Client Reports
- Intensive Counseling 2-5x a week
- Bilingual Therapists (Spanish & Russian)
- Virtual Waiting Room
- Tablet Loan Program for Telehealth



## Certifications & Credentials:

- Individual Therapy
- Family Therapy
- Substance Abuse
- Survivor/Somatic Trauma Therapy
- EMDR
- Anxiety/Depression
- DBT & CBT
- Sexual Acting Out
- Boundaries
- Prenatal & Perinatal
- Domestic Violence
- Behavioral Problems
- Anger Management
- Self-Regulation
- Sensory Integration
- Neurosequential Model of Therapeutics

## Nuestros Servicios

Jon Grossman comenzó en 1984, y Grossman & Grossman, Ltd. ha crecido a más de 50 terapeutas que brindan servicios para traumas complejos en todo el estado de Arizona para clientes de 1 a 101 años o más.

- Informes mensuales simultáneos
- Asesoramiento intensivo 2-5 veces por semana
- Terapeutas bilingües
- Grossman Connect - sala de espera virtual
- Programa de préstamo de tabletas para sesiones de telesalud
- Los servicios primarios se ofrecen actualmente a través de telesalud - Hay servicios limitados en persona disponibles

Nuestro equipo se especializa en servicios de consejería que se enfocan en temas de trauma complejo, apego y victimización. Los terapeutas tienen como objetivo mejorar las relaciones familiares a través de una mayor comunicación, autorregulación, resolución de conflictos y participación familiar positiva.

## Introducing: Grossman Connect

### One site, all access:

Grossman Connect provides a convenient solution for modern therapy challenges in a safe, remotely accessible, allinclusive website.

This is our virtual office space where clients and staff can interact and engage in the therapy process.

Examples of therapeutic content include guided meditation, somatic processing, psychoeducation, and coping skills development for both youth and adults.

Ability to access treatment documents and communicate with staff via zoom or messaging.

Grossman Connect allows clients to meet their therapist for telehealth sessions and access therapy support beyond the counseling session.

## The Grossman Difference

Our team specializes in counseling services that focus on issues of complex trauma, attachment and victimization. Therapists aim to enhance familial relationships through increased communication, self-regulation, conflict resolution and positive family involvement.



Our therapists are certified by the International Association of Trauma Professionals



Please visit us online at:  
[GrossmanTherapy.com](https://GrossmanTherapy.com)  
[GrossmanConnect.com](https://GrossmanConnect.com)

Call: (602) 468-2077  
Email: [Team@grossmantherapy.com](mailto:Team@grossmantherapy.com)